OFFICE OF THE F	PRINCIPAL, B.S.	COLLEGE,	NUAHAT, JAJPUR

Notice No.....17 //

Date. 21.0/-2023

This is for information to all the staff & students that the college NSS Unit is going to organise Self-Defence Training Programme for Girl students on Dt. 27-01-2023 in the college campus.

All staff members and Girl students are requested to remain present positively.

B.S. Colleger Nation, adjour

Bishm Samantaray College

Nuahat Arakhapur Jajpur

PO NSS B S College Nuahat. Arakhapur Jajpur

Copy to SCR/BCR/GCR/Notice Board for information.

Nuahat Arakhapur Jajpur

## Report on the Self-Defense Program for Girl Students: 2022-23

The NSS Unit of B.S. College, Nuahat, Jajpur, organised a self-defense program for girls, encouraged by Principal Prof. Braja Kishore Swain. The event took place on January 27, 2023. Mr. Deepak Kumar Das, a lecturer in Political Science, and Miss Dipsa Priyadarshini Nayak, lecturer in History served as the Chief Coordinator and Assistant Coordinator, respectively, ensuring the smooth execution of the programme. Miss Aliva Sethy and Miss Gitanjali Nayak, two well-trained and experienced students, provided the training according to a scheduled timetable. The program saw the participation of 120 girls, who were divided into two groups for better facilitation. The program concluded with a closing ceremony where the principal and other esteemed senior faculty members addressed the participants, emphasizing the importance of self-defense training for girls. They highlighted how such training contributes to the students' development into responsible citizens with a strong awareness of health, safety, and well-being.

Deepare Remain Day 8.2,23 Signature of Programme officer

PO NSS B S College Nuahat Arakhapur Jajpur

B.S College, Nuahat, Jajpur **Principa** 

Principal, 02/03/27

Bishn: Samantaray College Nuahat Arakhapur Jajpur

	<b>OFFICE</b>	OF TH	E PRINCIPAL	, B.S COLLEGE	, NUAHAT,	<u>JAJPUR</u>
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//	Date 30 · 11 · 2019
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This is for information to all the staff & girl students that the College NSS unit is going to organise Self Defence Training Programme on dt.02.12.2019 in the college campus.

All staff members and girl students are requested to remain present positively.

Copy to SCR/GCR/Notice Board for information.

1Rishone Kuman Salas 30.11.19

PO NSS B S College . Nuahat, Arakhapur Jajpur Principal' B.Sicollegamantara ja ipuriega Nuahat, Arakhapur Jaipur

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#### Report on the Self-Defense Program for Girl Students: 2019-20

A self-defense program for girls was organised at B.S. College, Nuahat, Jajpurby the NSS Unit of the college. The principal, Prof. Satyabrata Prusty, encouraged the NSS office bearers to arrange such initiatives. The program began on December 2, 2019.Mr. Kishore Kumar Sahoo and Dr. Sarita Sethy, both lecturers in Odia, served as the Chief Coordinator and Assistant Coordinator, respectively, overseeing the program's smooth execution. Miss Aliva Sethy and Miss Gitanjali Nayak, two well-trained and experienced students, provided training to the participants according to a scheduled timetable. A total of 203 girls who participated were divided into two groups to facilitate the program. At the end of the program, a closing ceremony was held. During the event, the principal and other esteemed senior faculty members addressed the participants, emphasizing the importance of such training for girls. Both the principal and the organizers believed that the physical training would help students become responsible citizens with an awareness of the importance of health, safety, and well-being.

Kishone Kusson Sofia Signature of Programme Officer

PO NSS B S College Nuahat, Arakhapur Jajpur

B.S. College, Nuahat, Jajpur

Principal

Bishni Samantaray College Nuahat, Arakhapur Jajpur

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# REPORT ON THE SELF-DEFENCE PROGRAMME FOR GIRL STUDENTS 2018-19

#### **ORGANISED BY**

### THE N.S.S BISHNU SAMANTARAY COLLEGE, NUAHAT, JAJPUR

India is a country where women get importance in society as well as in family. But from the very earliest time women are placed as weak and a theme of beauty in literature. But later on after globalization this weaker section has become as capable as men in all fields. The government has adopted a Self-defence training Programme in order to create awareness among the women about their Self-defence as well as to strengthen them.

In modern India, anti-social elements are causing many hurdles in the Progress of female students. It is important to equip the young women with skills that can help them to defend themselves against such nuisance in day-to-day life. Hence a "Karate" training Programme has been Organised for the girl Students in the College Premises from 02.02.2019 to24.02.2019 in collaboration with the college N.S.S wing. This training Programme has celebrated its inaugural function on 01.02.2019 with the Honorable Principal Dr.Goutam Jena, as the President and Prof. Satyabrata Prusty, Lecturer in Education and Co-ordinator of N.S.S, B.S.College Nuahat, as the Chief guest.

Prof. Satyabrata Prusty, Lecturer in Education and chief co-ordinator of N.S.S of B.S.College and Prof.Ranjita Swain, Lecturer in Zoology, Asst. co-ordinator of the College N.S.S Conducted the training Programme smoothly. Two lady Professional trainers, Miss Aliva Sethy and Miss Geetanjali Nayak, students of B.S College Nuahat, trained the students within the college premises following a Specific time-table. The details of the training Programme are given below.

- Duration of the training Programme dt02.02.2019 to dt-24.02.2019
- 202 No. of Students -195 Students Divided into 7 groups
- Time-8 A.M to 9 A.M and 9 A.M to 10 A.M

The self defence training Programme will instill self-Consciousness among the girl students. The Physical training Programme can contribute to students becoming responsible citizens who are aware of the importance of healthy lifestyle and make educated decisions regarding their own health, safety and wellbeing.

Date

Principal B.S.College, Nuanat, Jajpur